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## Our Mission

Tamarisk's mission is to create a caring presence and a safe haven for the thoughts, feelings and concerns of persons, and their families, faced with the end stages of terminal illness. At no cost to them, we tend to our companion's non-medical needs, while simultaneously providing much needed respite to caregivers.

## Tamarisk Board Members

Kathy Dahl  
*Chair*

Karen Asleson  
*Secretary*

Greg Gilborn  
*Treasurer*

Diana Hunter

Shelly Palashewski

Lorena Grimm

Karen Ho

## Tamarisk Staff

Jeanne Haus, Program Director



Tamarisk, Inc.  
15531 Central Ave NE  
Ham Lake, MN 55304  
763-572-1950

[www.tamarisk.org](http://www.tamarisk.org)

## Please Welcome Our Newest Board Members!

### Lorena Grimm

My husband Dennis and I have been married for almost 30 years. Our two oldest daughters, two sons-in-law and four grandchildren live in WI and our youngest daughter moved with us to Ham Lake in November 2013 when I accepted a promotion to a Division Lead Manager with Parker Hannifin, my employer of eight years.

I enjoy helping others and serving in my community. While living in MN I have been able to connect with Kinship, Stephen Ministry, Stepping Stone Emergency Housing, Junior Achievement, Micro Mentor, Memorial Blood Centers and Century College Upward Bound. When I am not volunteering or spending time with my family I enjoy traveling, trying new restaurants, shopping, camping, golfing and gardening.



### Karen Ho

Karen Ho is the Vice President of Strategy and Planning with Adjacent Analytics LLC, a business consulting firm specialized in helping Fortune 500 clients establish and maintain technology leadership, product innovation, and marketing excellence. Prior to joining Adjacent Analytics, Karen was a business leader with Ameriprise Financial for twenty-one years, holding key leadership positions, including: Vice President at the Executive Office, Director of Brokerage Phone Operations, and Director of Licensing & Field Compensation Services.

She is a thoughtful, compassionate, and results-driven business leader and is well-respected for her ability to drive significant change initiatives that contribute to organizations' bottom lines. Karen has a bachelor's degree in Finance from the University of Minnesota, Duluth and an MBA from the University of St. Thomas. She also holds both FINRA Series 7 and 24 registrations. She lives in Woodbury, Minnesota with her husband, Lun and son Alan.



## Annual Statistics

*In 2014, Tamarisk volunteers served 66 families and donated 4500 hours of their time to providing companionship and support for our clients in need. We introduced 32 new client matches and welcomed 6 new volunteers to Tamarisk. All of our volunteers made over 1030 visits to families. As a result of our consistent quality of caring presence, Tamarisk was referred 71 times to families in need.*

*Thank you to all our volunteers and those who have referred Tamarisk to families in need in 2014!*

# Tamarisk is Going Paperless!

In an effort to cut down on printing costs and paper usage, Tamarisk is going paperless! If you are interested in receiving up-to-date information on Tamarisk events and fundraisers, please join our emailing list!

Head over to [www.tamarisk.org](http://www.tamarisk.org) and find the box that looks like this



Fill it out, click 'Submit', and keep an eye on your inbox! We will send you updates on events and fundraisers, Tamarisk news, and other important upcoming information.

*Tamarisk will never share your personal information with any third parties, nor will we ever send any information unrelated to Tamarisk.*

## SUBSCRIBE TO THE TAMARISK E-MAIL LIST

Fill out the form below to receive news, updates, and event information about Tamarisk!

- Email Address	<input type="text"/>
- First Name	<input type="text"/>
- Last Name	<input type="text"/>
Phone	<input type="text"/>
Business	<input type="text"/>
Address 1	<input type="text"/>
Address 2	<input type="text"/>
City	<input type="text"/>
State	<input type="text"/>
Zip	<input type="text"/>
- = Required Field	
<input type="submit" value="Submit"/>	

## Coming Soon...



Tamarisk will be taking orders for spring bedding plants and perennials until Monday, April 6th. The plant catalog is available on our [Tamarisk website](http://www.tamarisk.org).

Contact the Tamarisk office at 763-572-1950 or via email at [mail@tamarisk.org](mailto:mail@tamarisk.org) to place your order. Plants will be delivered to the Tamarisk office on Thursday May 14th.



During our spring plant fundraiser, Tamarisk will also be selling \$25 Gift Cards for the Green Valley Garden Center located in Ramsey. Tamarisk earns a 32% profit off each gift card purchased!

# Family Resources

We all know how difficult it can be to talk about death, especially when confronted with our own or that of a family member. It is recommended that EVERYONE have some conversation with their loved ones so that in the event of tragedy or serious illness that personal wishes and preferences for medical care are known in the event that you're unable to speak for yourself. The following resources are great ways to help you prepare your own Health Care Directive, and offer creative and effective tools to help engage others in the conversation with you...

[www.honoringchoices.org](http://www.honoringchoices.org)

- ✓ Video clips with suggestions on how to start the conversation
- ✓ E-vite you can send to family members
- ✓ Downloadable forms and resources for MN Health care Directives
- ✓ Info on faith, culture and identity perspectives on end of life



<http://deathoverdinner.org/get-started>

- ✓ Online tool that helps you plan a conversation regarding end of life issues with family, friends, colleagues...
- ✓ Begin by choosing a resource for your group to – watch – read – listen
- ✓ Receive email with invitation language to send to your guests, the read/watch/listen homework,
- ✓ Post-dinner next steps, your conversational prompts, and a quick overview on hosting and moderating this important discussion.



[www.gowish.org](http://www.gowish.org)

- ✓ Card game available to purchase or play online
- ✓ Each card gives discussion questions to help think through wishes and desires



[www.mygiftofgrace.com](http://www.mygiftofgrace.com)

- ✓ Card game available for purchase
- ✓ Downloadable guide that helps you organize your responses in order to fill out your own health care directive



## The Heart of the Matter...

07 October 2014

Dear Ms. Haus,

I would like to take this opportunity to thank you for placing Mr. Billy Vossberg with me. He is without a doubt one of the finest volunteers you could ask for.

I look forward to each Monday afternoon and Billy shows up promptly at 3:30PM. It is a highlight of my day when I see his smiling face and am greeted with a hug! In a short while he integrates himself into our family routine and embarks on his calling—being a top-notch volunteer in every sense of the word. There have been trips to Home Depot, Mills Fleet Farm and other errands which I am unable to do because of my Parkinson's. Let's not forget the trips of Dairy Queen! (Make mine a choco-cherry blizzard...)

It has been a difficult time in my life being on the receiving end of a volunteer program. Billy goes about his tasks in a professional way, always keeping in mind my welfare. My wife and I are extremely grateful for this man's talents and Tamarisk's placing him here with us.

As a former Tamarisk volunteer, I thank you from the bottom of my heart; I still hope to be able to help you with your future classes, albeit somewhat limited as to what I can do. Volunteering is a mind-boggling job to say the least. Billy measures up 100%.

Please recognize Billy as being one of your prized volunteers. You should be proud of him and his accomplishments.

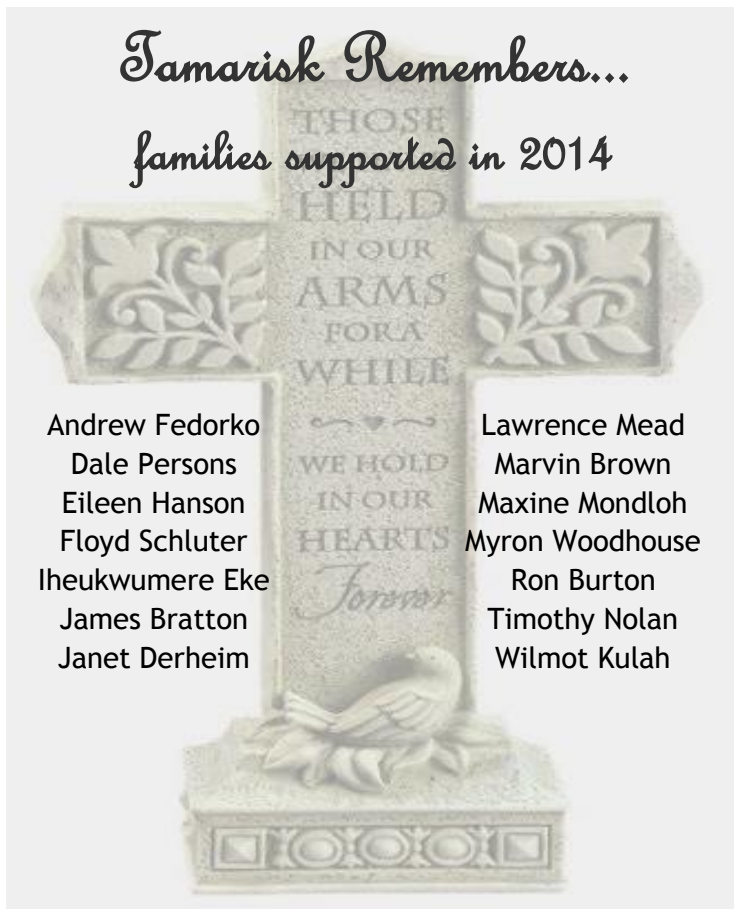
Sincerely yours,



### Tamarisk Remembers...

#### families supported in 2014

- |                 |                 |
|-----------------|-----------------|
| Andrew Fedorko  | Lawrence Mead   |
| Dale Persons    | Marvin Brown    |
| Eileen Hanson   | Maxine Mondloh  |
| Floyd Schluter  | Myron Woodhouse |
| Iheukwumere Eke | Ron Burton      |
| James Bratton   | Timothy Nolan   |
| Janet Derheim   | Wilmot Kulah    |





# Volunteer Highlights

## Volunteer wisdom from 1993...

Tamarisk is Gretchen's dream, but isn't it really all of ours—to have a place to be when we die, to have people to care for us.

*I think the terminally ill need to have advocates or a voice. They need people who have energy to fight for their dignity, for their comfort, to make the passage easier for them as they are busy at the task of bringing their lives to a conclusion.*

This is a fabulous group of people to be with for such important training, and I take strength from their show of compassion and personal power...What a difficult and enormous task we take on, and how truly needed it is.

## ...and today

Being present is like saying to someone "Here I am. I am here to help, to care, to listen, to be your advocate, to hold your hand. I am going to spend time with you and I will pay full attention to your needs and concerns, The time we spend together is not mine, it is all yours"

*Presence is being there, without preconceived notions of what I should do or say. Touch is important to some folks - massage, or hold hands, or hugs."*

To me, being present with a companion is being open and eager to hear the stories they have to tell of their life. This lets them know that they matter, that their life has mattered, and that there is a meaning and purpose for them...

## Welcome Karen, Lorena, Kathy and Janell to our team!



February 2015 New Volunteers



### Enjoy a few stories of what some of our newer volunteers do:

- **Stephanie** continues to support her family even after the patient with Alzheimer's has moved to a VA home by driving his wife for visits and offering chats over coffee as needed
- **Fay** shares her passion for sports, especially baseball, with

Bob (who's career was in sports reporting) during her visits that allow his wife to get out and run errands

- **Dennis & Jill** helped Dawn who has Muscular Dystrophy organize, pack, & prepare her home to sell so she can move to 1-level living
- **Pam** visits Lewis, with advanced MS, every Saturday to chat and help with every-day tasks around the home
- **Sheryl** visits twice a week with Lynn who has brain cancer, at her home and now at an area nursing home.

## Where Can I Help?

### Volunteer Caregivers



Tamarisk volunteers serve families in the Anoka County area facing the end stages of life threatening illness, providing

regularly-scheduled respite for caregivers and companionship for the patient. For approximately 2-4 hours a week Tamarisk volunteers assure the safety and well-being of the patient while the family caregiver is occupied or away.

### 2015 Gala Event Team

Tamarisk's largest fundraising event for the year is our annual fall gala. We have a tremendous team ready to work with a few more great members to:

- ◆ Plan theme and details of the event
- ◆ Decorate
- ◆ Plan games and activities
- ◆ Silent Auction Team
- ◆ Secure sponsors and market the event
- ◆ Meet monthly and as needed starting in March

### Board Members



Tamarisk is looking for passionate leaders with a wide variety of skills and experience to serve a 3-year term on our board of directors:

- ◆ Non-profit / business leadership
- ◆ Fund Development
- ◆ Hospice / end-of life medical or pastoral care
- ◆ Community Relations
- ◆ Marketing
- ◆ Strategic Planning and Organizational Development

# 2015 Fundraising & Events

## Tamarisk BINGO



Fridley's annual 49er Days celebration is coming up in June, and Tamarisk will return to host the BINGO tent on **Friday, June 26th** and **Saturday, June 27th** from **5-9pm!** The 2015 49er Days celebration will be located in **Commons Park** in Fridley. We will have both cash games and prize games. Bingo cards will be \$1 each, or 3 cards for \$2.

More information and a full schedule can be found on the city of Fridley's [website](#). This fun and family-friendly fundraiser gives us an opportunity to reach out to the community and spread the word about Tamarisk!

## Gerten's Garden Center Spring Plant Fundraiser



This year, Tamarisk is teaming up with Gerten's Garden Center for a Spring Plant Fundraiser! Gerten's is a family-owned garden center that has been Minnesota-based for over 100 years. **Tamarisk will be taking orders for spring bedding plants and perennials until Monday, April 6th.** The plant catalog is available on our [Tamarisk website](#). Contact the Tamarisk office at **763-572-1950** or via email at [mail@tamarisk.org](mailto:mail@tamarisk.org) to place your order. Plants will be delivered to the Tamarisk office on Thursday May 14th.

*If you would like to help Tamarisk by taking an order booklet to your office or next club meeting, send an email to [mail@tamarisk.org](mailto:mail@tamarisk.org) and we will send you an electronic .pdf copy to print out at your leisure. You may also request to have a printed copy mailed to you.*

## Celebration of Remembrance

Tamarisk's annual Celebration of Remembrance service was held at Glen Cary Lutheran Church on Sunday, November 23, 2014. This annual tradition allows us to honor and remember those who have passed, and reflect on the richness of life during the holiday season. This event is open to the community for all families who have lost a loved one in the recent or distant past.

***Our next Celebration of Remembrance service will be held in November. Stay connected with us on Facebook or by subscribing to our e-mail list via [tamarisk.org](http://tamarisk.org) for upcoming details.***

## Donation Form

This gift is from: (please print)

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

This gift is in memory of / in honor of \_\_\_\_\_

Enclosed is a gift of \$ \_\_\_\_\_ (Checks payable to Tamarisk, Inc.)



Mail form to: Tamarisk, Inc., 15531 Central Ave NE, Ham Lake, MN 55304

To donate by credit card please visit Tamarisk's website at [www.tamarisk.org](http://www.tamarisk.org)



# 2014 Fundraising

## The Numbers Are In...

Over the past year, you and others like you have helped us support families *free of charge* through fundraising donations.

**Touchdown for Tamarisk Gala: \$7,775**

**Year-End Giving: \$3,380**

**Green Valley Nursery Fundraiser: \$2,237**

**Friends of Tamarisk 2014: \$1,420**

**Bingo: \$660**

**GiveMN's Give to the Max: \$440**

Thank you to all who participated in our 2014 fundraising events!



## Friends of Tamarisk

*A Friend of Tamarisk is a person or pair that has made a difference to the Tamarisk community by giving regularly monthly gifts of \$5, \$10, or \$20. These people recognize the value of providing a little for a lot, and we recognize and thank the 2014 Friends of Tamarisk below:*

Dennis Eichinger	Gordon & Ruth Rose	Rachel & Patrick Lauer
Robert & Barbara Schachtschneider	Tom & Gloria Myhra	Edward & Nina Katz
Christopher & Kathryn Dahl	Kimberly Leis	Marueen & Jerry Ledin
Edler Law Services, PLLC	Emil Magnuson	Shelly L Palashewski
Dean & Carmen Coleman	Connie Samuelson	Tammy Peterson
Steve Jansson	Doug & Jo Lungstrom	Lisa Steffen
Mel & Doris Schulte	James R Hanson	Cathy Bishop
Mary Ann Haines		

# Tamarisk Thanks 2014 Financial Supporters

## Service Organizations

- Elim Baptist Church
- Anoka Lions Club
- Church of St. Patrick of Cedar Creek
- VFW Post # 6316
- Fridley Lions Club
- VFW Brooker Edmond Club Post 724
- Cedar-East Bethel Lions Club
- Spring Lake Park Lions



## Grants

- North Suburban Hospital District
- Great River Energy
- Genentech, Inc



## Gifts in Kind / Services

- John Roberts Co: *Printing services*
- Care Options Network: *Directory Advertising*
- Prairie Oak Community Church: *Office Space*
- Glen Cary Lutheran Church: *Office Space*
- Bremer Bank: *online banking fee waived*
- Storage Stables of Princeton: *donated space*





# 2014 Tamarisk Supporters



## Contributions

Rezac, Clarence & Debora  
Hillman, Gary D, or Peggy L.  
United Health Group Matching

### Gift Funds

Manko, Pamela K  
Schluter, Evelyn  
Kolling, Marvin & Rosemary  
Rezac, Clarence & Debora  
Marquart, Dianna M.  
Ameriprise Financial  
Dahl, Dianne  
Dickow, Andrew  
Holbrook, Reece & Heather  
Knutsen, Paul & Joyce  
Dellwo, Phyllis T.  
Rezac, Clarence & Debora  
Peterson, Tammy  
Blomberg, Cordell and JoAnne  
Holbrook, Reece & Heather  
Ahlstrom, Justin & Rebecca  
Maeckelbergh  
Bauer, Kurt & Kim  
Ameriprise Financial  
Rignell, K.M. or L.M. Moran  
Schaaf, Marcia  
Holbrook, Reece & Heather  
Busse, Evelyn Mae  
Holbrook, Reece & Heather  
Kolling, Marvin & Rosemary  
Powers, Deonna  
Fletcher, Teena  
Lafave, Arlenne J

## Gala Donations



Haugland, Doug & Miriam  
McKeever, Juanita  
Green, Tracy & John  
Severni, Fred & Barbara  
Shea, Leonard & Tina  
Braam, Gary & Cindy  
Syring, Doug & LaVon  
Hagberg, Ronald & Carol  
Elder Law Services, PLLC  
Cole, Jeffery or Joan

Fletcher, Teena  
Haubner, James & Brooke  
Sorteberg, John and Shirley  
Rezac, Clarence & Debora  
Bashel, Eileen

## Green Valley

Odegaard, Gladys C.  
Johnson, William E.  
Zandaroski, Michael B  
Daninger, Dean & Kim  
Kopka, David & Miriam  
Tefer, John and Cheryl  
Huff, Callen and Mary  
Culley, Steve or Wendy  
McIntyre, Brock and Jennifer  
Beyer, Jane Marie  
Katz, Edward & Nina  
Beebe Enterprises, Inc.  
Housman, Karen  
Kelly, Jay or Elizabeth  
Katz, Edward & Nina  
Neal, Jayne and Timothy  
Potratz, Gregg or Tracy  
Gonnsales, Jeffrey, Kimberly  
Steadland, Kevin and Erin  
Ledin, Maureen and Jerry  
Wallmow, Rollo or Kathleen  
Keller, John and Lauren  
Stickney, Chris & Kay  
Syring, Doug & LaVon  
Sacay, Kimberly A  
Sorteberg, John and Shirley  
Johnson, Peggy  
Shanks, Cheryl  
Jekoya, Sara  
Gibbs-Young, Erin  
Hage, Christopher & Marya  
Jackson, William J  
Tyler, S.A  
Peterson, Judith, Jay  
Barks, Nancy and Paul  
Stickney, Chris & Kay  
Merriam, Jill or Charles  
Anonymous  
McGuire, Susan H.  
Ingle, Brian J. & Patricia J  
Butorac  
Specht, sally

Stonecash, Jon or Linda  
Blomberg, Cordell and JoAnne  
Bazille, Shane or Pamela  
Taiit, Sara or Kevin  
Sandbakken, Kenneth J  
Moll, Brady and Michelle  
Gibson, James L and June L.  
Mezera, Wendy  
Sawyer, Marilyn M.  
Rignell, K.M. or L.M. Moran  
Wacker, Duane  
Hoppe, Tonya  
Berger, Michael and Holly  
Johnson, Chad & Angela  
Sermon, Robert and Karen  
Rickbeil, Jan  
Dahl, Christopher & Kathryn  
Moravec, Marcella or Michael  
Slater, Troy or Laurie  
Mattson, Steven or Fern  
Giilborn, Gregory & Carol  
Moravec, Peter, Andrea  
Lauer, Rachel and Patrick  
Schwalbe, Angela  
Green, Tracy & John  
Colstrom, Mary E  
Hunter, Eric & Diana  
Palashewski, Shelly L.  
Sullivan, Lynn  
Haus, Jeanne  
Otterness, Barbara  
Anonymous  
Gausman, Andrea

## Give MN

Moravec, Marcella or Michael  
Culley, Steve or Wendy  
Anonymous  
Muonio, Anita  
Kulk, Desiree  
Reckdahl, Segwald  
Barnes, Teresa  
Perttula, Myron  
K Foundation  
Anonymous  
Haus, Jeanne  
Kulk, Desiree  
Giilborn, Gregory & Carol  
Muonio, Anita

Ledin, Maureen and Jerry  
Bauer, Kurt & Kim  
May, Theresa

## Memorials

Giilborn, Gregory & Carol  
*in memory of Art Joffer*  
Coleman, Dean & Carmen  
*in memory of Vern Fischer*  
Mead, Rhoda  
*in memory of Laurence Mead*  
Coleman, Dean & Carmen  
*in memory of Berta de Bayer*  
Hanson, Sylvia  
*in memory of Berta Vasquez de Dager*  
Sievert, Bob & Marian  
*in memory of Karen Ostbye*  
Hawkinson, Eileen  
*in memory of Svetozar Bruich*  
Barthel, Ivan & Lois  
*in memory of Ivan Barthel*  
Fox, Donald & Gloria  
*in memory of Gloria Fox*  
Bublitz, Jo Ann  
*in memory of Michael D Peter*  
Severni, Fred & Barbara  
*in memory of Lillien and Harold Kodada*  
Fletcher, Teena  
*in memory of Russell Lindquist*  
Coleman, Dean & Carmen  
*in memory of Dale Melhouse*  
Coleman, Dean & Carmen  
*in memory of David Stone*  
Weidmann, Eric & Cassandra  
*in memory of Robert Schachtschneider*  
Weidmann, Cathey and Jeffrey  
*in memory of Robert Schachsctschneider*  
Tacheny, G.B. & Bernice  
*in memory of Jerry Tacheny*

Coleman, Dean & Carmen  
*In memory of Duane Georgius*  
Blacka, Carole, B  
*in memory of David J. Blaska*  
Schluter, Evelyn  
*in memory of Floyd Schluter*  
Lundberg, Jack  
*in memory of Darlene*  
Tollefson, Richard  
*in memory of Rose M. Tollefson*  
Magnuson, Emil  
*in memory of Joan W. Magnuson*  
Schachtschneider, Robert & Barbara  
*in memory of Bob Schachtschneider*  
Schaeffner, Margaret  
*in memory of Bill Schaeffner*  
Schachtschneider, Robert & Barbara  
*in memory of Robert Schachtschneider*  
Haubner, James & Brooke  
*in memory of Robert Schachtschneider*  
Sangster, Angela  
Coleman, Dean & Carmen  
*in memory of Ron Burton*  
Katz, Edward & Nina  
*in memory of John Trente WW II Veteran*  
Hanson, James & Gretchen  
*in memory of Don Miller*  
Coleman, Dean & Carmen  
*in memory of Mary Hartquist*

## Annual Giving

McGuire, Kimberly  
Olson, Darryl & Kathleen  
*in memory of Kathleen Olson*  
Haugland, Doug & Miriam  
*In memory of parents and brothers*  
Maeckelbergh  
Tollefson, Richard  
*in memory of Rose M. Tollefson*  
Brown, Kenneth  
Miller, Donald & Carole  
*in memory of Donald Miller*  
Swanson, Ralph & Gloria  
Brown, Patricia I  
*in memory of Marvin Brown*  
McKeever, Ron & Adele  
Laskowski, Robert and Sandra  
Jachymowski, Jim & Diane  
Holbrook, Reece & Heather  
Magnusson, Bragi and Gail

*in memory of Dean*  
Emerson, Wally  
Katz, Edward & Nina  
Tefer, John and Cheryl  
Smith, Mary Lynn  
Coleman, Dean & Carmen  
*in memory of Chris Lahouze*  
Coleman, Dean & Carmen  
*in memory of Donald Berry*  
Carciofini, Ronald & Diane  
*in memory of Joy Boshea*  
Olund, Irving H. and Audrey E.  
Scott, Robin & Pamela  
Hoxmeier, Marlette  
Livingston, Kathleen  
*in memory of Michael Livingston*  
Metcalf, Connie  
Odland, Donald  
Myhra, Tom & Gloria  
Berg, Norm & Deloris  
*in memory of Carol Berg*  
Lennox III, Herb & Judy  
*in memory of 'Loved Ones'*  
Ingaldson, Jerry & Mary  
Braam, Gary & Cindy  
*in memory of Tom Brickner*  
Johnson, Sharon  
*in memory of Walter B. Johnson*  
Berry, David  
Giilborn, Gregory & Carol  
*in memory of Jonathan E. Pederson, MD*  
Harstad, Glen & Kristen  
Saunders, Eric & Jacquelyn  
Miller, Brian and Kristy  
Wall, Cheryl L.  
Shoberg, Theresa  
Hunt, William & Margaret  
Bratvold, Roy & Arlene  
*in memory of Roy Bratvold*  
Falink, Norma

## Become a Friend of Tamarisk

### Who are the Friends of Tamarisk?

- Your neighbors, people just like you that want to make a difference in the quality of life in the NW suburbs of the Twin Cities
- People who recognize that they can **make a difference** by giving regular monthly gifts of \$5, \$10, or \$20 that are automatically paid
- People who understand the idea that many people **providing a little is more sustainable** than a few providing large gifts sporadically
- People who understand the principle of **paying it forward**
- People who recognize the value of five dollars a month

***If you are interested in becoming a Friend of Tamarisk, visit our [Friend of Tamarisk info page](#).***

